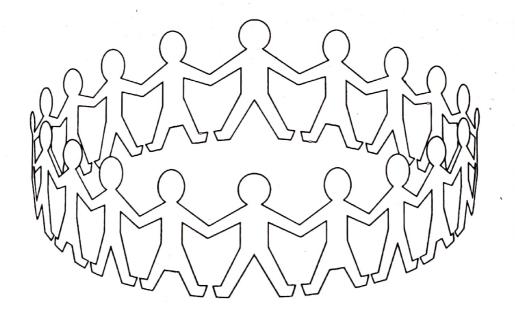
Rank Xerox Pensioners' Association

NEWS LETTER



No.10 August 1983

RANK XEROX

EDITORIAL

B.U.P.A

I have to apologise for misleading members last time about the current BUPA subscriptions. The figures I quoted were correct according to the list of charges published from 1 June 1982. However I was unaware that there had been a further increase from 1 January this year. I am told that there will be another increase from 1 July but this increase will apply ONLY to the London scale, and is due to the greatly increased charges for private patients in the London NHS hospitals. The National and General scales will remain the same as at present. To make the present position absolutely clear, the present subscription rates are:

General Scale	50-64	65 and over
Single	£11.75	£17.63
Married	£23.49	£35.25

These are the monthly rates allowing for the 25% discount offered.

XANADU

I referred last time to Xanadu. The address of the secretary/treasurer, R.A. Coon has now changed to Percom House, 388/396 Oxford Street, London WN 1FE. Xanadu also has a location at 5/7 Colndale Road, Poyle Estate, Colnbrook, Slough, Berks., and a temporary foothold in the RX London Business Support Centre on the tenth floor of St. Martin's House, 140 Tottenham Court Rd., London NW1.

EDWARD V EVES

In this issue is the first article on financial matters by Edward Eves, one of the Pensions Department financial advisers. Edward Eves will be contributing an article to each News Letter. If you have any particular aspect of finance you would like to see covered, please drop me a line.

RESIGNATIONS

Dr. Bill Thoday has had to resign from being a visitor due to the pressure of work in his international quality control capacity, and Ron Buckley has resigned for personal reasons. We are sorry to lose their services, but glad that they will still be members.

SAGA HOLIDAY

Ron King writes:-

"Seven members of RXPA — Ivor and Anne Jaynes, Dorothy Howells, Sheila Moulton and her sister Jessie, and Doris and Ron King — spent two weeks in Yugoslavia at the modern ALGA hotel at TUCERI on the Makarski Riviera. The accommodation was first class, each double room having twin beds with an open partition separating them from each lounge area, with seating for eight people around a table, and a balcony with two seats and table overlooking the large swimming pool area and the sea. The food was excellent, service good, drinks cheap (sherry 25p), and the evening entertainment very good. The tours to places of interest were well worthwhile, taking us along the coast and through the mountains and valleys. We were blessed with 13 days of fine weather; the one day of rain occurred when some of us were in Dubrovnik. The sea was warm, the sun hot: we all got very tanned but not sunburnt. The sea front with its 5000 ft. mountains behind, pine trees along the front for shade when required, smooth, stony beaches for about 1½ to 2 miles backed by a good road on which to walk, made it a most enjoyable place.

We all felt we had had very good value for money and would be very happy to return to Yugoslavia again."

MY ADDRESS

The Portsmouth sorting office has complained that many letters are wrongly addressed to me. Will members PLEASE note that my address is NOT Portsmouth, but is Portsmouth Road, CAMBERLEY, as shown in the Register and at the foot of the questionnaire.

Arthur Hughes Secretary

Win Spher

ASSOCIATION OFFICERS

WEST REGION

Coordinator

J. W. Evans, 1 Byfords Close, Huntley. Tel. Gloucester 830580

Assistant Coordinator (Dean)

H. S. Phillips, Henmar, Northwood Green, Westbury-on-Severn. Tel. Westbury 658

Visitors

L. G. Baynham, 1 Edge End Road, Mile, End, Coleford. Tel. Dean 35245 W. Beech, Cartref, High Street, Drybrook.

Tel. Dean 542484

Mrs. D. I. Coulson, 26 Purland, Tudorville, Ross-on-Wye. Tel. Ross 64713

F. W. Court, 56 Liddington Road, Longlevens. Tel. Gloucester 20564

D. R. Elliott, 17 South Road, Weston-super-Mare. Tel. Weston 416795

S. C. Wheeler, 12 Blake Avenue. Ross-on-Wye. Tel. Ross 62230

H. R. Wasley, 6 Walmers View, Cinderford, Tel. Dean 24178

J. E. Hawkes, 24 Woodside Street, Cinderford, Tel. Dean 23836

L. Laken, Leadon View, Whitehall Lane, Rudford. Tel. Tibberton 355

J. R. Osborne, Dean Croft, Beech Road, Yorkley, Tel. Whitcroft 562510

H. Robertson, BEM, 28 Mount Pleasant Avenue, Exmouth EX8 4QH.

Tel. Exmouth 72369

J. H. Cannon, 149B Ermin Street. Brockworth, Tel. Wicombe 2663

EAST REGION

Coordinator

R. E. King, 18 Lancaster Avenue, Hadley Wood, Barnet.

Tel. (01) 449 0562

Visitors

G. Allen, 4 Cedar Walk, Waltham Abbey, Essex. Tel. Waltham Abbey 711909 A. J. Cobby, 52 Denham Way,

Maple Cross, Rickmansworth. Tel. Rickmansworth 77212

Mrs. E. D. George, 11 Eastor,

Welwyn Garden City. Tel. WGC 25837 J. H. McCulloch, 25 Nicholl Way, Epping,

Essex. Tel. Epping 73503

R. A. Warren, Chequers, Gissing, Diss,

Norfolk, Tel. Diss 77817

CENTRAL REGION

Coordinator

J. H. Wellemin, 9 Winchester Drive, Pinner, Middx. Tel. (01) 866 1355

Visitors

Mrs. M. W. Bangay, 23 Glenthorne Gardens, Sutton, Surrey. Tel, (01) 644 6872

B. R. Cheadle, 28 Queen's Avenue, Highworth, Wilts.

Tel. Swindon 762062

G. W. Crow, 7 Berkley Avenue, Ferndown, Wimborne, Dorset.

Tel. Ferndown 871513

B. F. Currie, 8 Vale Head, Handforth, Cheshire. Tel. Wilmslow 525498

L. H. Greenfield, 63 North Farm Road, Lancing, Sussex. Tel. Lancing 752571

G. H. Moss, 24 Southfield Park, Harrow, Middx. Tel. (01) 863 1227

T. Prendergast, Holbrook Cottage, 32 North End Road, Steeple Claydon,

Bucks. Tel. SC 8033 Mr. P.T. (Tom) Kirby,

66 West Street, Marlow. SL7 2BP

Tel. Marlow 71687

Mrs. M. I. Upex, 9 Leach Lane, St. Anne's on Sea, Lancs. Tel. St. Anne's 720198

Secretary A. Hughes, Badger's Oaks, Collingwood Grange, Portsmouth Road, Camberley GU15 1LD. Tel. Camberley 23753

Retirement may raise unexpectedly the question of what to do with idle hours not necessarily filled by gardening and golf.

Previously busy executives seeking voluntary activity to occupy their time usefully may not know that help could come from a national volunteer job-finding agency.

REACH (Retired Executives Action Clearing House), a charity set up four years ago, aims to provide a link, free of charge, between retired experts willing to assist on an unpaid basis, except for expenses, and voluntary organisations in need of such skills which they cannot otherwise finance.

The objective is to find such persons voluntary work closely related, if possible, to their experience and not too far from their homes. This service is given to former executives or anyone who has retired from some kind of supervisory or professional role, as it is often their expertise that is so required by voluntary bodies.

Geography and suitability may well be obstacles at times but so far REACH has placed more than 500 retired executives with voluntary groups out of 1,900 job applications. After allowing for withdrawals and others being negotiated, REACH has more than 700 voluntary jobs available from 1800 vacancies offered, and about 500 volunteers at present unplaced. Voluntary part-time work has been found with both large and small groups throughout Great Britain. For example, a former chief group accountant of a big shipping company became treasurer of the World Education Fellowship, an international organisation with consultative status to UNESCO.

On a more local basis the new honorary secretary of the Ramblers' Association in North Devon is an exassistant general manager of the Midland Bank, living at Honiton, who was responsible for all the bank's property repairs. One of the more outstanding successes occurred when a former consultant engineer and power station manager, who was found by REACH to organise a 15-mile sponsored moorland walk for 1,000 people for the Bolton Mountain Rescue Team, did this so well that they made him president.

A placement with a highly topical flavour was that of an ex-British Steel works manager who for more than a year has been one of a three-member team in Sheffield which found full-time employment for 19 young people out of 54 after training provided by another charity, Workshop 6.

Quite a number of voluntary organisations have been able to benefit from the computer knowledge of a former general manager of British Telecom's North London telephones. Since last December he has been part-time administrator of the New Technology Group set up by the National Council for Voluntary Organisations to help such bodies in this way.

Naturally placements sometimes take time. An extreme case was the two years it took to find the right job for a retired insurance executive in a remote part of north Norfolk. Patiently REACH tried and at last it came — general administrator for Norfolk Boat (Sail Training) ten miles from his home.

Ralph Allman — REACH Press Officer

The above note may be of interest to some of our younger, more active, and more socially minded members. Any member who served Rank Xerox in a supervisory or executive capacity and who is interested in offering his/her expertise to help voluntary bodies within reasonable distance from their homes should contact REACH at

Victoria House, Southampton Row, London WC1B 4DH, telephone; (01) 404 0940.

COMPANY NEWS

1982 RESULTS

In an interview with Philip Currah, the Chairman, Hamish Orr-Ewing, said that profits in 1982 were down 20% because of the cost of introducing a new range of information technology products, and that the costs of redundancies and adverse currency movements brought the fall to 33%, to £179 million compared with £261 million in 1981. By the standards of most Western businesses in the very difficult year of 1982, our results were however very reassuring. Rank Xerox has managed to swim against the tide, is still one of the country's best profit performers and is a leading exporter. Sales indeed went up from £1268 million to £1349 million, and the final month of the year was a record in terms of the number of products placed with customers.

Design and manufacturing methods have progressed so fast that fewer working hours are required to produce a machine, and this leads inevitably to fewer people being needed. 1983 will be a 'damned tough year' with competition as tough as ever and it will be necessary to continue our cost-effectiveness drive. The introduction of the new "10" series, which is very significant for the future of the company, will be costly and the cost will come this year - the benefits later. However, provided that we stick to our task, and take all the difficult (and in some cases unpalatable) measures that are necessary, Rank Xerox will be ready to take advantage of the upturn when it comes. We shall fight our way through this year, so that we shall have laid the foundation for a great new opportunity in 1984.

AWARDS

Five RX people have been honoured with the PRESIDENT'S AWARD for 1983.

Seppo Rouhonen and Hele Krohn-Jarvinen from Rank Xerox Finland have created a Russian language version of the 860 working in their spare time. Not only will the 860 display Russian cyrillic characters on the screen and print in Russian, but it will also split the screen to show English and Russian text at the same time.

Gunther Kuess, of RX Sweden developed an interface which allows two 860's to share the same printer, thus reducing the office space needed. This has opened significant new markets all over the world.

Phil Judkins and David West of RXHQ. conceived and implemented the 'Networking' concept which has received press and public attention all over the world, and has demonstrated RX commitment to investigate not only the physical implications of the new technology but also the human relations side.

MARATHONS

Rank Xerox is carrying out its biggest and most ambitious international sports sponsorship ever mounted by us. As part of the promotional campaign for the "10" series, the Company is sponsoring ten European city marathons this year, including the London marathon, in which a team from Rank Xerox competed.

The Company is also encouraging other businesses to enter teams of three or four runners to compete in each national marathon for a business team trophy. Winners will be invited to go to Greece in October to compete for the International Business Team Trophy in the Athens marathon at the culmination of the season. The marathons concerned are:

Rotterdam	9 April
London	17 April
Rome	24 April
Paris	14 May
Copenhagen	21 May
Stockholm	4 June
Helsinki	11 August
Oslo	27 August
Berlin	25 September
Athens	8 October

In the London marathon, there were 31 runners wearing the Rank Xerox strip, including three women. The team included competitors from H.Q., the U.K., E.M.S.D., and from RX Norway, as well as representatives of RX contractors. Two members from the U.K. and two from E.M.S.D., including Sally Baker, will be running in the Athens marathon in October to compete for the Managing Director's Challenge Trophy.

The fastest time was recorded by Julian Stoelker in 3 hrs. 8 mins, but this was eclipsed in the Madrid marathon by Julio Sanpablo, who completed the course in 2 hrs. 32 mins. Julio will also be running in the Athens marathon, as will Karl Catterall, a RX contractor who managed a 3 hr. time in London.

Who knows . . . a Rank Xerox gold medal in next year's Olympics?

ELECTRONIC TYPEWRITERS

At the Hanover Fair in April, Rank Xerox announced a new addition to the '600 Series' of electronic typewriters — the Xerox 630, featuring a miniature 514" floppy disc unit which gives it virtually un-

& PRODUCTS

limited storage capacity. The disc drive is integrated within the typewriter and is situated below the keyboard, considerably reducing the amount of desk space occupied.

Each disc holds 139,000 characters, or about 70 pages of typing — some 55 pages more than the Xerox 627. Four different software packages are available on the 630: Basic Word Processing, Forms Handling, Repetitive Letters and Document Assembly. It also has features that enable it to perform editing tasks by moving, repeating or deleting paragraphs of text. It has a 20 character display which shows the text being typed, prompts the typist with operator information and allows scanning through the document.

This new machine takes the '600 Series' into the low end of the word processing market.

8

THE CATASTROPHE

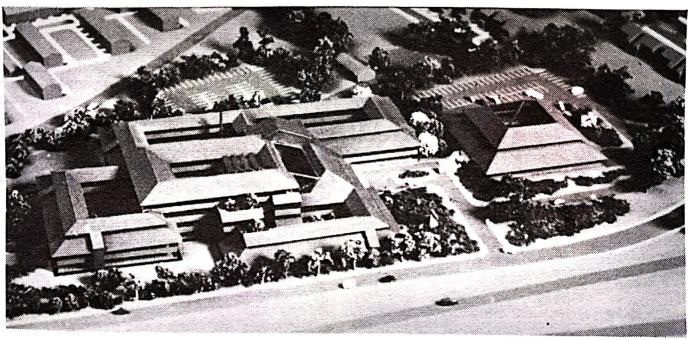
Have you heard of the stowaway cat which arrived at Mitcheldean on 8th December? The Goods Receiving staff were astonished, on opening a container of lens assemblies from the U.S.A. to find a cat inside. The seals on the container were still intact, so the cat must have crept inside at Xerox Optical Systems in California before 9th. November when the container left to travel by the Santa Fe railroad to Galveston in Texas. It was then shipped across the Atlantic to Felixstowe (what an appropriate port for a globe-trotting cat!). Despite its five weeks without sustenance, the cat was found to be in surprisingly good condition. Mitcheldean have made a voluntary collection to help with the vet's bills.

NEW INTERNATIONAL HEADQUARTERS

Rank Xerox is planning to build a new International Headquarters, to house some 850 executive and administrative staff, at the high-technology Globe Park in Marlow. The location minimises staff disturbance, particularly in terms of housing and personal services such as travel and education. Architects Sidney Kaye, Firmin have been asked to design a structure which will reflect the procedures of modern office technology so that our own environment there will be seen as a standard worldwide. If planning permission is given, RX could occupy the building by 1986, allowing the concentration of HQ staff in one location, instead of the present multiplicity of centres. An artist's impression of the new HQ is given below.

TED WICKENDEN

Ted Wickenden runs a busy print room single-handed for Fisher Controls in Lewisham. Nothing surprising? Ah! but Ted has been blind from birth. He has moved from the original 3600 via a 3450 to the present 8200, with which he has developed a very successful working relationship. When programming the machine, he checks the feature status with a sound-emitting light probe to identify which are lit, and he remembers the sequence of options for each feature so that he knows what each light indicates. His paper supply is neatly stacked on shelves behind the machine and identified with braille markers., and some braille-like pips on the registration scale have been incorporated to help him position the originals.



MEMBERS

SISTER DUNBAR-TOWNROE writes that she took a holiday in Florida last year, regrettably on her own as Henrietta Wilkins backed out. "I never in all my life saw so much untidy, jerry-built rubbish: Motels with what looked like cardboard cutouts in front, some very fancy shopping precincts, mostly with building still going on. The heat was oppressive, humidity very high. All bus stops were in the boiling sun, no shade whatever. They told me the owners of swimming pools find an alligator in them sometimes.

The water was as warm as a hot shower, sand too hot for bare feet, big surfing rollers coming in most of the time. A few desolate palms growing along a line well back from the sea. Beach guards every hundred yards, a careful shark watch all the time. and beach must be clear of bathers at dusk as the sharks come inshore then. They found one with a human leg inside it while I was there. I went on trips, one to the Everglades, where we went in hydrofoil boats skidding over the waterlily pads, to see the alligators. Huge notices up: 'DO NOT FEED THE ALLIGATORS', which boat captain proceeded to do, for us to watch. There were plenty of them. Ugh! Went to a rodeo show. That was grand, especially as during the interval their tiny children came in, riding their fathers' darn great horses, then they dismounted and roped steers, little ones and pulled 'em over too. The commentator was a Texan with a most fascinating drawl. The show was very exciting. We had to sit on tiers of wooden seats about 8 inches wide, with just one bar behind; felt like a toast rack. The heat was like the oven on Christmas morning. The mosquitoes were the biggest and hungriest in the world. The shops all ran out of midge cream weeks before I got there. Then as we ran for our buses there was a tropical downpour. Every time I went out in the evening I got soaked to the skin. Some hardy souls wore mackintoshes: I could not bear any more than decency demanded.

We went up the river on the 'Jungle Queen', to a barbecue (rib of beef, the only thing I really liked to eat). Most of the food was served in such enormous quantities I could not even start to eat. I worked out a daily menu which consisted of toast and a bottle of beer twice a day. I watched fascinated as plates as big as a raft came in, piled high with layers of meat, fish or whatever, and then in a few minutes they ordered something to follow. I tried a sandwich once: it was ten layers thick, with beautiful beef. I could only manage a quarter of it. I cannot think how they can eat like that, especially in the heat.

Incidentally, on that river trip, the entertainment after the meal was on an open air stage, much

lauded by the manager; the artistes were all really old, trying to earn a bit to help out their pensions.

On the way down the river to our hotels, they had a singsong, led by one of the performers. They had American tunes, Spanish tunes (there are a lot of Mexicans around there) and eventually they started 'Alouette', the French students' favourite. I joined in singing the usual version, and then discovered I was the only person singing, so shut up. They ended up with 'America'. I saw all the people with their hands on their hearts, looking all dewy-eyed. I crowned my holiday by buying some pain-killers, as my back was playing up from picking up my luggage and running with it, when we eventually got through the Immigration where we took hours. I was afraid I might lose the tour agent; I only just caught him. That set an old trouble off. I scoffed about half the bottle of these famous pain-killers, new on the market, and then soon after I got home I heard on the radio that some guy had poisoned several bottles by putting cyanide in them. Thrilling, wasn't it?"

Sister Townroe sends love to all her 'old victims' at Mitcheldean. "The world is still my oyster, thank God!"

On a different note, Mr. P. A. WILCOX writes from Devon:—

"Since I retired in 1980 I have been receiving the News Letter regularly, and I have just been reading through issue No. 9. I am not normally given to writing letters of protest, but on this occasion I feel I must make two points on which I take issue.

Under your section headed 'Money' and subtitled 'Gas Bills', it is suggested that two million people will benefit out of a population of 55,000,000.

Also suggested is that 1,000,000 will be pensioners out of approx. 10,000,000. This is nothing more than a cheap political con. For the record my last gas bill was £91, which I admit is the highest I have ever had. It is usually about £55-£60 for the Xmas period. To get your gas and electricity bills below the standing charge you would need to stay in bed all day and night with no heating on and no food to cook, and I challenge anyone to do it. The same argument applies more or less to the telephone.

On the second point I would like to make, it is under the heading of 'Members' News'. When I read through some of the stories about members moving around their homes in Scotland, villas in Spain and homes in France etc. etc. I feel like I belong to a golf-club in the stock-broker belt, not to a pensioners' association. Out of ten million pen-

WRITE

sioners almost half are near or on the poverty line. They are the important ones."

LEN HARPER, erstwhile draughtsman at Mitcheldean, writes from Canada:— "We are settled here and enjoying an almost daily contact with our family which includes two granddaughters. I fully intend to write a letter for the News Letter, but to date have found spare time a little foreign to me... Would you kindly extend my deep appreciation to the wonderful team of people in the Pensions Department at Uxbridge who look after us old 'uns with so much concern and diligence. I for one am most grateful, an opinion shared by hundreds I am sure."

WEST REGION NEWS

FRED COURT writes:-

"Greetings from the West Country. We have had one of the wettest springs for many years. There has been flooding in the Gloucester area, and the gardens are somewhat behind. We have however had some very good showings of daffodils, tulips and polyanthus. The flowering trees have been particularly nice also, and judging by the amount of blossom on our apple and plum trees we could, with luck, have a good crop.

To the interested gardeners, I picked up a good tip last year relative to the growing of tomatoes. I had a holiday in Guernsey and I was most surprised to find that the growers there, when planting on into 'Growbags' did not take the plants out of the 31/2" plastic pots in which they had been growing them, but planted the pot and all, the roots eventually finding their way through the holes in the bottom of the pot and into the 'Growbag' compost. With this in mind I thought I would try this technique with some PALLAS lettuce seed that I planted in a cold greenhouse through the winter months. The results were super and we had early lettuces with solid hearts. Another advantage was that when I was making room for my tomatoes, I could dig up any lettuce that were in the way complete with pot and transport wherever I wished, inside or out. You can tell that I am an interested gardener, so why not write to me about any of your unusual gardening experiences?

Doris Coulson has written to tell me that their REX club is proving very useful to members in the Ross-on-Wye area. They have monthly meetings with guest speakers topics so far including 'Police Work' by a police sergeant; 'Antiques by a local valuer; and a talk with slides by Fred Wickstead on his trips to Japan.

They are planning various outings in the summer, including one to Percy Thrower's garden in Shrewsbury. I was greatly amused to learn that during the talk on police work, a bunch of pensioners sampled the breathaliser . . . I can imagine the consternation on the sergeant's face when he saw the colour of the crystals!

The idea of REX club looks good, and so do the members in the photo below. Why not start one up in your area?

I was indebted to Visitor, Les Baynham, for news of holiday accommodation in the Forest offered by one of our members with a 10% reduction to other members. Mrs. N. Broadman of Greensleeves, Rocks Road, Joys Green, Lydbrook, GL17 9RO offers a self-contained flat sleeping four people with lots of facilities all the year round. Les assures me that the flat is beautifully kept and is in an ideal position for touring the Forest of Dean and the Welsh border country. The flat is NOT suitable for children or pets.

We were saddened to hear of the deaths of Albert Matthews, Jock Curry and Jim Pitts. Our thoughts must be with the relatives to whom we send our deepest sympathy.

I could write more IF ONLY YOU WOULD SEND ME SOME MORE MATERIAL.



GEORGE CHAPPEL writes that he has "enjoyed a visit to Faslane as a guest of M.o.D. when Polaris was fully presented and described. This was followed by a descent into a submarine — my first for very many years, as a visitor — when it was most interesting to come to close quarters with one weapon for which, as Programme Manager (NOT RX) I had had responsibility for the modification and development.

That was in January. In February, I was invited by the Bishop to become Church Warden of All Saints' Episcopal Church at Inverary — which has the second heaviest ring of ten bells in the world (heaviest being at Wells' Cathedral). The church is some 22 miles from here and is approached over

MEMBERS WRITE

the well-known 'Rest and be thankful' road in Argyll."

FREDA WINTER writes from lckenham:-

"I have spent a longish holiday with my old Aunt in Germany — having a lovely time with her in spite of coming down with 'flu on New Year's Day (it was lovely being looked after instead of struggling around). Unfortunately on my return, my old disc trouble recurred and I am plagued by sciatica. Although I have spent some time flat on my back on my doctor's advice, I am still not much better, but of necessity — shopping needs to be done if one wants to eat — I am now limping along like a lame old dog, and apart from suffering much pain I have to endure the indignity of other people's funny remarks. And of course, square dancing is out for the time being. Roll on summer . . . perhaps with warmer weather etc.

Well I am also enclosing a little poem of mine. Let me know what you think of it. Perhaps you might like to print it."

Well, I think it is worth printing, so here it is:

"The Seasons' Cycle.

The air is still cold and the sky is grey, Ice is on lakes and streams, Snow is covering woods and fields And all is quiet.
But suddenly there is a sound, Plop, plop, plop, plop, As raindrops are falling to the ground Making holes in the blanket of snow. Then, as ice and snow are melting, Slowly the river comes alive And the winter's reign is ending. So as time travels on Spring is beginning Which with its warm and gentle rain Reawakens nature again.

Soon pretty spring flowers grow
Where before has only been ice and snow.
Then suddenly summer is here
And the days are getting longer,
Humid with heat and filled with dust
'til on the horizon the storm clouds appear,
The heaven gets dark like dusk,
And lightning is streaking through the sky,
Thunderclaps rend the air,
Refreshing rain falls steadily down,
Puddles form here and there.
Now a colourful rainbow spans the sky above
The sign of the Lord's promise,
A token of His love.

When summer has passed and autumn begins And after harvesting there come the winds Blowing across fields now empty and bare, Rain sweeping across country everywhere Changing rivers which had flowed so calm Into fast-running torrents, filling lake and tarn,

Saddened trees seem to sigh
As their leafless branches stretch up to the sky,
And people are hurriedly walking home
To get warm and dry in a cosy room.
Yet after some time the air gets colder
And rain is changing to sleet and snow,
Ice forms on lake and street,
Ice flowers on windows grow,
Soon snow will cover the ground like a sheet.
Winter is here, the year-cycle complete
And the world is one year older."

NORMAN HARRIS, who retired last year, is now the owner of the Campden Pottery in Chipping Campden, which he runs with his wife Joan. The premises are more than 300 years old and are situated in one of the loveliest main streets in England. Most of the pottery products are hand-thrown on the potter's wheel, and are in earthenware coated with coloured clay and finished with decorative glazes. The premises also contain an art gallery.

Before his retirement, Norman was Technical Programme Manager for current products at Mitcheldean.

JOHN T. SLEVIN writes that he is moving house as he is soon opening a new 20,000 ft. factory in Corby. "We have managed", he says, "to build up enough turnover in our first year of business to warrant opening a bigger plant. It's quite like the early days of RX when one had to do everything oneself." He concludes that "it really is most satisfying to own one third of a £300,000 turnover company less than two years after becoming redundant at RX."

LILLIAN M. HOWELL writes that she retired from the medical department at Mitcheldean in October last and was delighted to see an article from her old boss Sister Townroe. It doesn't seem as though she has changed — still charging around the world, still getting people to 'do it her way'. Lil thinks that today's medical dept. would not have met with her approval — too many forms to fill in and too many machines. Lil hopes to see some of the good friends she met in the 'sick bay' in the near future.

DID YOU KNOW



ADVENTURE ON THREE WHEELS

Did you hear about Tom and Amy Drinkall? They decided that retirement was the ideal time to see parts of the world they had not visited. So far they have driven out through Pakistan to Afghanistan in their Robin Reliant, which they say has never given any trouble. They are planning other long journeys even, I believe, to Africa. Come along, fellow members, how about that spirit of adventure?

BUYING BY POST OR AT THE DOOR

The Office of Fair Trading has published two booklets called "Stop and Think" and "Buying by Post" designed to warn purchasers of the inherent dangers of buying by mail order or from door-to-door salesmen, and to advise them of the precautions they should take and the remedies open to them if they find they have been conned. Both are free and are worth getting. Did you know, for instance, that if you agree to buy something and put down a deposit, and then decide you do not want the item, you are likely to lose all or part of the deposit. The seller could even sue you for the balance of the full purchase price, because you have broken your 'contract' with the seller.

MAILING PREFERENCE SERVICE

Householders who decide they no longer want to receive unsolicited mail from mail order houses are now able to have their names removed from the direct mail traders' lists. These companies include the American Express, the A.A., Damart and the United Dominions Trust.

Post Offices will be displaying posters inviting householders to write to:-

Mailing Preference Service, FREEPOST 22, London, W1E 7EZ.

You can not only ask to have your name taken off the lists; you can also ask to receive MORE mail if you wish.

The scheme will only stop the mail from the traders involved in the scheme, and then only for four months from the date of application.

405 LINE TELEVISION

The old 405 line television service will end next year. There are still an estimated 90,000 viewers. Old T.V. sets operating on 405 lines will no longer receive a picture but they will need to be at least 20 years old not to have the 625 system as well. In some remote and mountainous areas, such as Scotland and Wales, only 405 transmissions can be received, so the closure will be disastrous (or beneficial) in those areas.

CAR INSURANCE

Many pensioners do not require some of the 'benefits' offered by current insurance policies, such as payments for time in hospital, death, loss of limbs and so on. There is now an insurance company which offers a cheaper rate to insure the car comprehensively and for third party risk, without any other frills. This is the Preferred Assurance Co. in London Road, Camberley.

In general it looks as though rates will rise this year, despite the fierce competition. The Royal is the latest of the major insurers to announce a 7% average increase. Members will be pleased to know that this increase will not affect those over 50 who are using its Car Shield plan.

However, Sun Alliance has not raised its rates so far, and the Prudential cut its rates in February. It pays to shop around.

UNIVERSAL OPENER

Do you find it difficult to open some of the jars and other screw top containers today? Well there is a jar/bottle opener which will shift stubborn lids, made by Brabantia, and it will be a boon to those with arthritic hands. It is available for £2.55 from Pam's Shopping Service, P.O. Box 28, London N17 ODE. There is no charge for post and packing, and as the firm is recommended by "Yours", it should be safe.

LEFT-HANDED?

If you are, and find difficulty in using items designed for right-handed people, you can now get a lefthanded version of many things from "Anything Lefthanded Ltd." at 65 Beak Street, London W1R 3LF.

"LIGHTING AND LOW VISION"

The Electricity Council has produced a booklet for people with limited vision, explaining in large print how to make the best use of more efficient lighting, improved lighting applicances and better design. Copies are available free from the Electricity Council, 30 Millbank, London SW1P 4RD.



GRANNY BONDS...AND OTHERS

In recent years the Government has produced several index-linked investments and people are sometimes confused as to the difference between them. Let us try to clarify the position.

National Savings Certificates (Retirement Issue). This issue was launched in 1975 for men of 65 and women of 60, and the popular press immediately called them 'Granny Bonds'. The Second Indexlinked Issue was offered to people over 50 and shortly afterwards thrown open to everybody, so the term Granny Bonds is no longer applicable except to the original 'Retirement Issue.

The yield from both issues is, in effect, the rate of inflation, plus a small 4% bonus at the end of five years. When the rate of inflation is high the return is high. When the rate of inflation falls to the present low figure of under 5%, so does the yield. This return compares unfavourably with other investments like building societies so the Government some months ago exercised its right under the prospectus to give an extra bonus if the bonds are held until November 1983. So the yield will be 2.4% plus the rate of inflation, making at the moment 7% tax free, which is in line with other competitive interest rates. Obviously the Government intends to follow the general level of interest rates and there is no point in encashing these certificates at present, although one may not wish to buy more until inflation shows signs of rising. You can hold £10,000 in the current issues in units of £10, which you buy at the Post Office, plus any of the first issue you already hold. They can be cashed at any time although there is no interest if cashed within the first year.

Index-linked Government Stock. This is an entirely different type of investment. It is bought and sold on the Stock Exchange, through a stockbroker direct or via a bank. You can hold any amount in £100 units. The stockbroker will charge a commission whenever you buy or sell.

There are nine of these stocks at present on the market and each one has a redemption date (between 1988 and 2016) when the Government will repay you at the face value of the stock, irrespective of the price you paid for it. You can only

get your money before redemption date by selling the stocks through a strockbroker, and this can mean either a profit or loss according to the price you paid and the price when you sell.

The basic rates of interest are either 2% or 2½% but this is increased in line with the Retail Prices Index with the six-monthly payments of interest. When the stocks are redeemed the Government will repay not only the face value of the stock but also the increase in the R.P.I. since the stock was first issued. So both interest and capital are indexlinked. Tax is deducted at the basic rate when interest is paid but the non-taxpayer can reclaim the tax deducted. If the stock is held for a year there is no Capital Gains Tax.

These stocks are of value to the taxpayer who does not need a high income but wants to protect his capital and interest over a long period.

Edward Eves. O.B.E.

SAVING FOR A MONTHLY INCOME

The monthly income plans offered by some larger unit trust groups are worth a look if you need a cheque more often than once a quarter. They invest your cash in a portfolio of trusts in the group. Each month one or other of the trusts is paying out, hence the monthly cheque.

Arbuthnot require a minimum of £600, which is invested in their Preference Share, Gilt and Fixed Interest, and High Yield funds. Britannia spread their investment over three of the Group's equity-based income funds; the minimum investment is £5000 and the current yield is around 9%. Other Trusts offering similar schemes are Henderson and M & G, while Whitchurch Securities split investors money among a number of trusts in different stables, including Britannia Extra Income, Gartmore Gilt, and the Tyndall Scottish Income Fund. Current yield is 10.14%.

Bear in mind that, if you do choose to put your savings into any of these schemes, your income and capital investment will vary. However £1000 deposited a year ago with Britannia would now be worth £1265; with Henderson £1221; and with Whitchurch £1277. Whether the stockmarket will remain as high as at present or collapse is your guess.

THE POUND IN YOUR POCKET

The new chocolate toy money is with us... but you can't eat it. You can however lose it very easily or confuse it with a 2p coin. So be very careful with these new pound coins, or you may find your pension going even less far!

HOUSING BENEFITS

This is the name of a new Government Scheme to help people meet the cost of their rent and rates. It came into effect in April 1983, and changes the previous arrangements for rent and rate rebates. The scheme applies to council tenants and homeowners, as well as those in sheltered housing and housing associations.

For homeowners, the scheme applies ONLY to rates. It does NOT apply to water rates in England and Wales, but in most cases in Scotland, water rates will also be covered. The regulations are complex, but as a rough guide any homeowner who is paying rates of £5 per week with an income of £103 per week (pensioners) or who is paying rates of £8 per week with an income of £133 per week will qualify.

Council tenants may qualify for both rent and rate assistance. Around one in two tenants are expected to qualify. Water rates too, if you pay directly to the local council with your rent *may* be paid for you. Heating and other fuel charges are NOT covered by housing benefit. In general, a tenant paying £15 per week in rent and with a weekly income of £103 (pensioners) or a tenant paying £25 per week rent with a weekly income of £133 will qualify for Housing Benefit.

In the case of both homeowner and tenant, it is possible to qualify even if weekly income is higher, but the amount of housing benefit will be reduced. It is worthwhile asking the local authority or the Citizens' Advice Bureau to confirm whether you qualify or not.

The DHSS have published a very useful leaflet RR1 April 83 entitled "Who Pays Less" Which gives examples of people who qualify for Housing Benefit.

ELECTRICITY COSTS

The Electricity Consumers Council have issued a leaflet which aims to show consumers how to work out the amount of electricity they are using, what it is going to cost and how to identify the reasons for any sudden change in what they have to pay. Included in the leaflet is a weekly record table and simple instructions on how to read the meter. The intention is for users to keep a record of their electricity use, noting on the chart any obvious reasons for higher or lower consumption.

Copies of the leaflet should be available from the Citizens' Advice Bureau, or other welfare and advice agencies. Alternatively they can be obtained free from the Electricity Consumers' Council, Brook House, 2/16 Torrington Place, London WC1E 7LL.

The Electricity and Gas Industries have also issued a leaflet 'Paying Electricity and Gas Bills' which explains how to get help if you can't pay your bill. Available from Gas and Electricity showrooms.



THE N.H.S.

A useful guide to the rights and responsibilites of patients and doctors within the National Health Service, entitled 'Patients' Rights' has been published by the National Consumers' Council, 18 Queen Anne's Gate, London SW1H 9AA.

FOOTCARE FOR THE ELDERLY

A leaflet is available free from the Brent and Harrow Health Authority, Health Education Service, Neasden Hospital, Brentford Road, London NW10 8EY., which gives advice on cutting toenails, correct fitting shoes, looking after feet in winter and when to ask for specialist help.

ORANGE BADGE SCHEME

The Orange Badge Scheme grants concessionary parking rights to people with disabilities. Regulations about its entitlement changed on 16 March last, and the PENALTY for its misuse has been raised to £200.

The following categories ONLY are now entitled to an orange badge:-

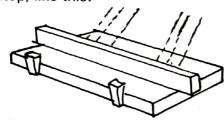
- a. Those in receipt of a disability allowance.
- b. Those with an invalid car provided by the DHSS or who received a grant from the DHSS to buy their own vehicle.
- c. The registered blind.
- d. Those with a permanent, substantial disability which causes inability to walk or very considerable difficulty in walking.

Applications can be made on a form issued by the local authority, usually the Social Services or Borough Surveyor's department. The completed form should be sent with a £2.00 fee and proof of eligibility. The new badges will be valid for three years.



LADDERS

If a ladder slips, it can have nasty repercussions for the person using it. In soft ground, make a simple ladder stop, like this:—



CLEANING WALLPAPER

Nothing is better than bread for cleaning marks off wallpaper. It has just the right amount of moisture without a trace of wetness. The easiest way to use it is to slice all the crusts off your loaves and use them. Incidentally, when washing painted walls, always wash from the bottom up: if water trickles down the wall as you start at the top, it will leave a mark which cannot be washed out, whereas if it trickles down a surface which has already been washed, it does not mark it.

DIRTY BATHS

If a bath is dirty, paraffin cleans it best. It is equally good at removing soapy scum and limescale, and brings the surface up to a fine shine. The bath must be thoroughly rinsed to remove the smell. Paraffin is also good on basins and on taps.

If the bath is too dirty and greasy for this to work, fill it with very hot water and add several cups of washing soda. A soak in this and a good brush with a bath brush should do the trick.

OVEN CLEANING ..

If an oven is really dirty, caustic soda will take the dirt off with the least effort. A solution of 1 tablespoon in one pint of water is adequate for all normally dirty ovens. ALWAYS PUT THE SODA INTO THE WATER — if you add the water to the caustic soda it will errupt into your face. ALWAYS WEAR STRONG RUBBER GLOVES. Swab the

inside of the oven, being careful not to splash on your skin. Leave it to work for at least half an hour, or preferably overnight. Then just wipe the dirt off.

Once the oven is cleaned, wipe it over with a solution of One tablespoon of bicarbonate of soda in half a pint of water: future dirt will come off easily.

DRAINS

If drains have plenty of hot soapy water passing through them, they should stay clean. If they do start to smell, put half a cup or so of washing soda in the sink and pour boiling water on it. As soon as it has dissolved, pull out the plug, and let the solution run out. It may be necessary to pour a similar solution down outside drains; if something stronger is needed, use a solution of caustic soda, as for oven cleaning.

MAKING CLOTHES LAST

All forms of cleansing take the life out of clothes. But their life can be extended considerably by brushing a garment and hanging it carefully after wearing, leaving it to air overnight and then putting it away for a couple of days to rest before wearing it again. This prevents dirt from working its way into the garment and gives the fabric time to spring back into its correct shape where it has been stretched.

SMELLY SHOES

Bicarbonate of soda can remove smells. Sprinkle a teaspoonful into each shoe and shake it all over the inside, and by morning the shoes will smell like new.

WATERCRESS

To prevent watercress wilting or turning yellow, wash it well, shake it dry and put it in a glass jar with a tight lid. It will then keep for a week in the fridge. The same applies to pastry.

ARTHRITIS

Those of us who suffer from arthritis are usually willing to try anything to relieve it. So here is another remedy: take a teaspoonful of cider vinegar and a teaspoonful of honey in hot water every day. But do not use scent ... it seems that this mixture can alter the body's chemistry and perfume may become rank and unpleasant on the skin.

HEADACHE

Try a pot of tea with two or three cloves in it.

KITCHEN SENSE

- 1. Save bacon rinds to flavour stews and stocks. They are also very tasty if crisp fried and sprinkled over soups or stews (fry on high heat without any extra fat). Or cook in the oven until crisp when making a cake or a casserole.
- 2. Granulated sugar crushed with a rolling pin between two sheets of greaseproof paper, or ground in a liquidiser makes a substitute for caster sugar.
- 3. Measure the exact amount of water which you need for your tea and pour this in the kettle, so saving electricity or gas. BE CAREFUL TO ENSURE THE ELEMENT IS COVERED IN AN ELECTRIC KETTLE.
- 4. Don't throw away stale bread use it for making breadcrumbs, or try making French toast with it, thus: beat together one egg and four tbsp. milk in a wide bowl. Put two slices of bread in the mixture and turn until both sides are well soaked. Melt a little butter in a large pan and heat until bubbling. Add the soaked bread and when one side is browned, turn and do the other side. Meanwhile soak two more slices in the egg and milk mixture. Remove the browned French toast to a plate. Fry the other two slices. Top with honey, syrup or jam, or serve with bacon and sausages.
- 5. If you have made scone dough too moist don't stir in more flour. Sprinkle the baking tray with cornflour before cooking the scones.
- 6. A crust of bread or a teaspoon of vinegar added to the water when cooking cabbage or cauliflower helps remove the smell.
- 7. A pastry cutter can be used for poaching eggs. Place the cutter in a pan and drop in the egg.
- 8. For quick crumble toppings, short-crust pastry or white sauce, keep a jar of rubbed-in fat and flour in the fridge. Add sugar to a quantity for crumble, cold water for pastry and milk for a sauce.
- 9. Rinse a pan in cold water before using it to heat milk it stops the milk sticking to the pan.
- 10. Never throw away a detergent bottle without first rinsing it out with warm water. You'll find there are enough suds for another wash.
- 11. Soak dirty pans as soon as you have finished cooking in them. Use cold water as hot can harden the food. A couple of drops of vinegar added to the water is particularly effective where fish has been cooked.
- 12. When stewing rhubarb or plums add ½tsp. of bicarbonate of soda to each pound of fruit and much less sugar will be needed. Bring fruit and water to the boil, sprinkle on the 'bicarb', simmer for a minute and sweeten to taste.

- 13. A few grains of uncooked rice added to the salt pot will absorb any moisture and make the salt easier to pour.
- 14. If you burn yourself, flood the burn with cold water under a running tap. If it is very bad, hold a bag of ice cubes on the burn for 30 minutes.
- 15. A thought for power cuts:— candles will last longer and drip less if they have been kept in the refrigerator for some hours, before use.
- 16. Brown sugar has an annoying habit of clumping together in a solid mass. This can be prevented by putting a piece of bread in the bag or jar.
- 17. How fast cooked food goes off depends very much on what is in it, as well as on the temperature at which you are storing it. Any food with alcohol in will keep longer than the same dish without. Herbs such as sage and thyme also extend the life of a dish.
- 18. If your rolled oats flapjacks go soggy in a tin, try keeping them in an earthenware jar.
- 19. The less air circulates around a lemon the longer it will keep. Once cut, put it face down on a saucer and stand an inverted glass over it in a cool place.
- 20. A pinch of salt added to the powder type of mustard when it is made up will help it to stay moist and keep its aroma.
- 21. When frying or grilling ham or gammon steaks make several small cuts in the edges to prevent the meat curling.
- 22. To make parsley and watercress last longer, wash them well, shake dry and put them in a glass jar with a tight lid. Either will keep for a week in a refrigerator.
- 23. Shop-bought paté or prepared meats such as frankfurters will keep for 3 days in a refrigerator. If it has been out of the fridge, eat it the same day.
- 24. Prawns are usually frozen at sea so they should not be bought and re-frozen. Buy deep-frozen prawns. Once thawed prawns will only keep 2 days in a refrigerator.
- 25. Tea tends to pick up moisture and the smell of food around it and needs to be kept in an airtight container away from strong smells. Its ability to absorb smells can be used to advantage: a few pieces of zest of lemon or orange can be put with china tea to enhance its flavour.



PORKY FRUIT CASSEROLE

4 6oz. pork chops
1 12½oz. can Campbell's V8 juice
6oz sliced onions
1 medium orange peeled, pith and pips
removed and sliced
2 4oz eating apples peeled, cored and
cut into chunks
salt and ground black pepper
1 tbsp. cornflour

Trim any excess fat from the chops, then grill them until nicely browned. Put into a flame-proof casserole with all the other ingredients except the cornflour, and cook at 190C/375F (gas mark 5) for 30 minutes. Remove from oven. Mix cornflour with a little cold water, stir into the sauce and cook over a low heat, stirring all the time until it thickens. Adjust seasoning and serve (for 4 people). (Recipe from 'Choice')

MARINATED MUSHROOMS

1 12½oz. can of Campbell's V8 juice
Salt and Pepper
Dash of Worcester Sauce
½ tsp. garlic powder
Squeeze of lemon juice
Good pinch dried thyme
8 oz. small button mushrooms, wiped clean and halved.

Mix the V8 with all the other ingredients except the mushrooms. Add the mushrooms, cover and leave to marinate for two hours, turning occasionally. Serve hot or cold.

(Serves 4 - Recipe from 'Choice')

BEEF KEBABS

1 lb. rump steak
2 large onions cut in quarters
small green pepper, deseeded.
4 oz. button mushrooms
6¼ oz. Campbell's V8 juice
Clove of garlic
Salt and pepper
Pinch of mixed herbs
1 tbsp. Soya sauce

Trim steak and cut into cubes. Mix together the juice, garlic, salt, pepper, mixed herbs and soya sauce. Put meat into a shallow dish, pour mixture over and marinate for at least one hour, turning the meat several times. Cut the peppers into eight pieces. Drain the steak, reserving the marinating juice. Thread the cubes of steak, the onions, the peppers and the mushrooms on to 4 large skewers. Grill under a hot grill, burning occasionally and basting with the marinade. Serve at once for 4 people.

(Recipe from 'Choice).

CONTINENTAL KIDNEYS

2 lamb's kidneys
½ oz. margarine or lard
1 small onion, thinly sliced
2 oz. sliced mushrooms
1 level tbsp. flour
½ pint beef stock (water and ½ stock cube)
1 tsp. tomato puree
2 oz macaroni or rice
2 oz. soured cream or natural yogurt, with a squeeze of lemon juice.

Cut kidneys in half, remove skin and hard core and brush with oil to stop outside hardening. Melt the margarine in a pan and cook the onion slices over a low heat until soft. Add the mushrooms and cook for a couple of minutes. Add the kidneys and fry for 3-4 minutes. Stir in the flour, stock and tomato puree. Bring to the boil and simmer gently for 10 minutes. Cook the macaroni or rice in fast boiling salted water for 12-15 minutes and drain well. Place on warm plate and pour on the kidney mixture. Spoon the soured cream or yoghurt on top.

(Serves one. Recipe from Sainsbury's).

NUTTY CHICKEN

1-2 chicken pieces
½ oz. margarine
½ small onion, chopped
¼ tsp. dried mixed herbs
½ oz. plain flour
2 oz. crunchy peanut butter
½ pt. milk

Melt the margarine and brown the chicken in the hot fat. Transfer to a casserole. Fry the onions in the hot fat until soft. Add the herbs and flour to the onions and cook for 2-3 minutes. Stir in the peanut butter and mix well. Remove from the heat. Add the milk, bring to the boil and stir until thick. Pour the sauce over the chicken, cover and cook for 40 minutes at 190C/375F/gas mark 5. Remove the lid, and sprinkle the top with 1oz. salted peanuts and 1oz. fresh white breadcrumbs. Serves one. (Recipe from Sainsbury's)

LATE NEWS

HOLIDAYS

Approaches are being made to a number of tour operators to see whether they would be willing to give members a discount. The position so far is that Cosmos and Yugotours have refused a discount BUT:

a. Yugotours have pointed out that 'budget' holidays are described on page 47 of their brochure, which are very competitively priced.

b. Cosmos point out that they offer a few longerstay holidays on their winter programme at cheap rates.

Leisure holidays offer 10% off their full holiday prices at the El Griego hotel in Torremolinos.

Thomas Cook Holidays have agreed to give a 10% discount with effect from all bookings made AFTER 1 August on the full range of Thomas Cook Holidays ONLY; this discount is NOT available for other tour operators whose holidays may be bookable through Thomas Cook.

The 10% discount includes husband/wife and any dependent children, all of whom must travel with the member to qualify for the concession. Alternatively, for pensioners who are not married, it has been agreed that such members may take with them one other person for whom the discount will also apply.

PLEASE MAKE A CAREFUL NOTE OF THE FOLLOWING PROCEDURE.

- 1. Obtain a Thomas Cook brochure either from your local Thomas Cook travel agency, or call their Sales Office direct on Peterborough (0733) 502611 or 502873.
- 2. Choose your holiday.
- 3. Obtain from your Regional Coordinator a letter certifying that you are a bona fide member of this Association.
- 4. Phone Thomas Cook Sales Office to check whether there is still room on the holiday of your choice through their in-house computer booking system. THIS MUST BE DONE BEFORE COMPLETING THE BOOKING FORM, OR YOU WILL NOT RECEIVE THE DISCOUNT.
- 5. Complete the booking form and send it with the deposit as shown on the form AND with the letter from the Regional Coordinator to:

The Sales Office,
Thomas Cook Ltd.
P.O. Box 36,
Thorpe Wood,
Peterborough. PE 3 6SB.

NEW MANAGING DIRECTOR

Xerox President, David Kearns has announced that Paul Allaire, who returned to the States in July will succeed William F. Souders as Chief Staff Officer and will become a Senior Vice President. His place as Managing Director of Rank Xerox will be taken by Roland Magnin (Picture below) who became Deputy Managing Director in January. We wish them both success in their new roles.



RON MORFEE

Ron has left Rank Xerox to become a Managing Director within G.E.C. He has been succeeded as Director of Mitcheldean Manufacturing Operations by Chris Wood who, after serving at Welwyn and Venraly, came to Mitcheldean 6 years ago.

MARION CORNWALL

Marion, who has 38 years of service with the Company and is Manager, Cash Operations at Mitcheldean, was awarded the B.E.M. in the New Years Honours.

LAURIE J. MOON

We are sorry to learn of the sudden death of Laurie who has been a leading light in the Forest of Dean Pensioners' Action Group.

E.A. COLLETT

Who is disabled and confined to a wheelchair wishes to exchange his house at 44, Nursery Road, Ross-on-Wye with a similarly disabled member who lives by the seaside, for a holiday.

THE RANK XEROX PENSIONERS' ASSOCIATION

All pensioners of Rank Xerox are automatically members of the above Association. It was set up on 1st January 1980 with three aims:

- a. to establish and maintain a personal two-way link with pensioners so that the pensioner still feels part of the Rank Xerox family and takes an interest in its progress.
- b. to remain informed about pensioners' needs and problems in order to assist where possible.
- c. to help pensioners keep in touch with each other.

It is **not** a charitable organisation and has no funds at its disposal, all running costs being met by the Company.

Organisation

The Association is organised in three Regions, each administered by a Regional Coordinator with a number of visitors available to call upon members wishing to be visited. These Regions, each of which covers all members living within its boundaries irrespective of the former place of work of the members, are:

WEST based on Mitcheldean and covering Wales, Gloucestershire, Herefordshire, Shropshire,

Avon, Devon, Somerset and Cornwall.

EAST based on Welwyn and covering Hertfordshire, Cambridgeshire, Bedfordshire, Essex,

Suffolk, Norfolk and Lincolnshire.

CENTRAL based on Bridge House and covering the rest of England and Scotland.

Activities

Every member receives a copy of the News Letter issued on 1st April, 1st August and 1st December. The Register of Members only contains the names of members who have asked in writing to have their names included, but it is sent to every member with the 1st December News Letter every other year; an amendment list is sent in the intermediate year. In addition, those members who are over 55, have 5 years or more service with Rank Xerox and are not in full-time gainful employment elsewhere may ask to be visited. Such visits are not normally more frequent than twice per year and do not last more than about 30 minutes unless the member visited wishes to prolong the visit. Widows and members in ill-health may ask to be visited irrespective of age or length of service. A Pensions and Retirement Consultancy Service is also provided by the Association in conjunction with the Pensions Department, to give members advice on problems such as taxation, investment and personal matters. In some areas members have themselves formed small social clubs for regular get-togethers and some members joined a RXPA holiday during 1981 and 1982.

NEW OFFICER



P.T. (Tom) Kirby joined 'I.H.Q.' at Denham in 1969. He later worked at both Bridge House and Middlesex House in Uxbridge, and finally moved to Hampden House in Aylesbury, with Field Configuration Control, in Jan. 1980.

He will visit in the South Bucks and Berkshire area.

66 West Street, Marlow, Bucks. SL7 2BP. Tel. Marlow 71687

STOPPRESS

Owing to the considerable increase in the number of members in the West region, Jim Evans needs to be relieved of some of his work load. With effect from 1 July therefore Henry S. Phillips has been appointed Assistant Coordinator (Dean) with responsibility for those members living in the Cinderford, Coleford, Ruardean, and Mitcheldean areas.

Henry's replacement as Visitor for the Mitcheldean area will be announced in the near future but in the meantime Henry will retain responsibility as a Visitor for the area.

Visitors please note: The next meeting will be on one September in the Board Room at R.X. House.